

The Center for Children's Therapy

ABOUT US

The Center for Children's Therapy (CCT) provides therapeutic services to children and youth, from birth to 21 years of age, who have developmental delays or specific therapy needs.

Our services include physical, occupational, speech and language and a subset of specialties addressing alignment issues, sensory processing difficulties, feeding, and oral motor challenges.

Ultimately, we strive to prepare children for successful engagement in life and we celebrate their progress in achieving new skills, building friendships, surmounting challenges, and gaining independence.



Engaging occupational therapy services at the Center for Children's Therapy has made our daughter successful in school. I am happy to see that working on the core of her body has increased her skills.

Eileen B., Cornwall, CT



I love it at CCT. Our speech pathologist is terrific! She has helped my son from the beginning. My only regret is that I didn't know about it sooner. It has made my life and my son's life a lot easier.

Robin D., Torrington, CT



The Center for Children's Therapy Contact Us

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SERVICES

The Center for Children's Therapy (CCT) provides one-to-one therapy services specifically tailored to each child's needs across all stages of development: birth, infant/toddler, childhood, adolescence, and young adulthood.

Our therapy sessions are child-centered and individualized. Each child receives a comprehensive evaluation, which includes parent/child interviews, clinical observations, standardized assessments, and a written summary of recommendations.

CCT uses a multi-disciplinary approach to deliver specialized assessment and intervention services covering a broad range of therapeutic needs, including:

- Physical therapy to improve balance, coordination, range of motion, and mobility
- Sensory Integration
- Motor planning and daily living skills
- Therapy for developmental delays in all areas including those associated with Autism Spectrum Disorders
- Speech and language therapy
- Occupational therapy

COORDINATION WITH SCHOOL DISTRICT SERVICES

Our assessment services may be used in conjunction with school-based Planning and Placement Team (PPT) services to assist in determining appropriate Individualized Education Program (IEP) goals. The location of these assessments is flexible and is tailored to suit student and parent needs.



As indicated, children who currently receive services in the school that they attend are welcome to also receive additional therapeutic treatment at CCT's Brooker Memorial location.

We are also available to collaborate with school district personnel to plan for and ensure the continuation of therapeutic care for students throughout the summer months.

Additionally, when a determination has been made to transition from school-based services, CCT is a resource for children to continue therapy at the parents' request.

TEAM

Our specially-qualified team of therapists includes physical, occupational, and speech language pathologists, and therapeutic assistants to meet the needs of youth and their families.

We are dedicated to providing comprehensive therapy services that are designed to serve and support each child's unique potential.

Drawing on many years' experience in providing therapy services, we believe the participation of family and caregivers in the therapeutic process is vital to empower children to reach their full potential. In this spirit, our therapists prioritize ongoing communication and collaboration with parents concerning their child's needs and progress as well as recommend home exercises to bolster growth and development.

The Center for Children's Therapy works with all children in need of therapeutic services. We accept most major insurances, Husky Health insurance, and private pay. A referral from a physician is required for most insurances to approve treatment.

CCT is open 6 days a week with evening and Saturday hours available. Services are typically offered in ½ hour appointments. To make an appointment, schedule an evaluation, or ask a question, please contact us at 860.294.7473.