



# October 2018

## Wamogo Regional High School Breakfast Menu

Daily Breakfast Price: Paid \$2.10 Reduced \$.30 Milk Price \$.50

Milk is offered with every meal: 1% or fat free white

Daily offerings: Assorted Fruit and Juice

Monday	Tuesday	Wednesday	Thursday	Friday
1 Bacon, Egg, and Cheese on a Croissant Assorted Fruit 100% Fruit Juice	2 French Toast Hash Brown Sausage Assorted Fruit 100% Fruit Juice	3 Waffle Sandwich with Egg, Cheese, and Sausage Assorted Fruit 100% Fruit Juice	4 Pancakes Hash Brown Sausage Assorted Fruit 100% Fruit Juice	5 No School
8 Columbus Day No School	9 French Toast Hash Brown Sausage Assorted Fruit 100% Fruit Juice	10 Waffle Sandwich with Egg, Cheese, and Sausage Assorted Fruit 100% Fruit Juice	11 Pancakes Hash Brown Sausage Assorted Fruit 100% Fruit Juice	12 Bacon, Egg, and Cheese on a Bagel Assorted Fruit 100% Fruit Juice
15 Bacon, Egg, and Cheese on a Croissant Assorted Fruit 100% Fruit Juice	16 French Toast Hash Brown Sausage Assorted Fruit 100% Fruit Juice	17 Waffle Sandwich with Egg, Cheese, and Sausage Assorted Fruit 100% Fruit Juice	18 Pancakes Hash Brown Sausage Assorted Fruit 100% Fruit Juice	19 Bacon, Egg, and Cheese on a Bagel Assorted Fruit 100% Fruit Juice
22 Bacon, Egg, and Cheese on a Croissant Assorted Fruit 100% Fruit Juice	23 French Toast Hash Brown Sausage Assorted Fruit 100% Fruit Juice	24 Waffle Sandwich with Egg, Cheese, and Sausage Assorted Fruit 100% Fruit Juice	25 Pancakes Hash Brown Sausage Assorted Fruit 100% Fruit Juice	26 Bacon, Egg, and Cheese on a Bagel Assorted Fruit 100% Fruit Juice
29 Bacon, Egg, and Cheese on a Croissant Assorted Fruit 100% Fruit Juice	30 French Toast Hash Brown Sausage Assorted Fruit 100% Fruit Juice	31 Waffle Sandwich with Egg, Cheese, and Sausage Assorted Fruit 100% Fruit Juice		<b>A healthy breakfast is available daily. If your child qualifies for free or reduced lunch, they also qualify for free or reduced breakfast.</b>

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Menu subject to change