



October 2018

Goshen Center School Lunch

Daily Lunch Price: Paid \$2.80 Reduced \$.40 Milk \$.50

Milk is offered with every meal: 1% or fat free white, fat free chocolate

Daily offerings: Assorted Fruits and Vegetables

Always Available: Sunbutter and Jelly, Bagel & Yogurt Plate, Deli Sandwich

Monday	Tuesday	Wednesday	Thursday	Friday
1 Pizza Crunchers w/Marinara Sweet Peas	2 Chicken Nuggets Glazed Carrots Tater Tots	3 Toasted Cheese Sandwich Vegetable Soup Seasoned Green Beans	4 Pizza Garden Salad	5 No School
8 Columbus Day No School	9 Chicken Patty on a Roll Steamed Broccoli Regular or Spicy Fries	10 Meatball Grinder Mixed Vegetable Blend Tater Tots	11 Chicken Soft Taco w/Salsa, Cheese, Lettuce, Tomato, Sour Cream, Corn Steamed Rice	12 Pizza Garden Salad
15 Bosco Sticks With Marinara Steamed Broccoli	16 Cheese Omelet Whole Wheat Bagel Hash Brown	17 Macaroni & Cheese Popcorn Chicken Sweet Peas	18 Cheeseburger on a Roll Baked Beans Sweet Potato Wedges	19 French Bread Pizza Garden Salad
22 Mozzarella Sticks w/Marinara Green Beans Tater Tots	23 Chicken Teriaki Bowl Seasoned Carrots Brown Rice	24 French Toast Sticks w/Syrup Turkey Sausage Patties Hash Brown	25 Chicken Quesadilla, w/Salsa & Sour Cream Herbed Broccoli & Cauliflower	26 Pizza Garden Salad
29 Popcorn Chicken Mashed Potatoes w/Gravy Seasoned Corn Blueberry Muffin	30 Pasta w/Meat Sauce Steamed Broccoli	31 Pancakes w/Syrup Turkey Sausage Patties Hash Brown		A healthy breakfast is available daily. If your child qualifies for free or reduced lunch, they also qualify for free or reduced breakfast.

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Menu subject to change